



The Turn Volunteer Program

A program volunteer assists members and staff to achieve The Turn's mission and assist in meeting program goals. Volunteers are involved in a variety of ways. Some volunteer opportunities may involve direct interaction with participant, while other opportunities may include indirect contact such as assisting with fund raisers or working behind the scenes. A program volunteer reports directly to the Director of The Turn and other program staff.

Requirements

- 18 years old. (note some programs marked with an asterisk are open to volunteers ages 16 and 17)
- For activities involving the golf or fitness program, must be comfortable walking or driving a golf cart on uneven terrain, bending to tee up or retrieve a ball,
- Participation in the Weekly Individual Programming requires a minimum of a 3 month commitment.
- Attend training sessions.
- Provide own transportation.
- Dress appropriately.
- Complete the required forms prior to participation in the program.

Benefits & Incentives

- Fulfill service hour requirements.
- Develop a new appreciation and awareness of individuals with physical disabilities.
- Become involved in physical and recreational activities.
- Make a positive impact on the lives of others (while making a difference in your own!).
- Build great friendships.

Volunteer Opportunities

Weekly Individual Programming

During the weekly program, volunteers are scheduled for morning 1-hour sessions. The responsibilities during these sessions include assisting with staff led golf and fitness activities by assisting members to best meet their physical needs. Minimum commitment is 2 hours and requires direct interaction with members.

Group Programming

The Turn has established relationships with community and hospital programs who bring individuals with physical disabilities to participate in 1-2-hour clinics. Volunteers are needed to assist these individuals so that they have a positive experience.

Golf Caddie

A Turn member who requires assistance, i.e. teeing up the ball, may choose to play golf at a time other than their scheduled session. A Volunteer would assist the member, as needed, to best meet their physical needs. Commitment time may vary, but is at the discretion of the volunteer.

Yoga Program

Volunteers are needed to assist members for two 45-minute yoga sessions. Job requirements require set up, clean up, and participant assistance as directed by the yoga instructor and Turn staff. The minimum commitment is 2.5 hours and requires direct participant interaction.

Social Program

The socials run from late January through March and takes place in the indoor golf room. Volunteers assist the members to take part in various activities designed to compete as individuals or teams in some staff led golf related games. The minimum commitment is 2 hours.

Optishot

A computer software program, Optishot, allows members to select various golf courses to play. The maximum number of players is 4. A training session takes place prior to the start of the sessions. The volunteer will learn to run the software program and learn what other responsibilities this job requires to assist members. The minimum commitment is 2.5 hours.

Open Off-Season Fitness Program

Members of The Turn are encouraged to sign up for open physical fitness sessions during the off-season from late January through March. Volunteers are needed to assist with equipment set up and individualized staff led member fitness activities. Minimal commitment is 1.5 hours.

The Turn Junior Camp (*see below)

The Turn invites youths with physical disabilities, age 8-17, to participate in a 4-week camp. The campers participate in fun gross motor games and fundamental golf skills. Volunteers are asked to assist participants, as needed, to provide a positive experience. Minimum commitment is 2 hours per week for 4 weeks and requires direct interaction with participants. Volunteers, age 16-17 years old, are eligible to assist with camp and will work under the direct supervision of a staff member.

On Site Miscellaneous Activities (*see below)

The Turn program holds several golf outings and other activities that could not be successful without the help of volunteers. They include, but are not limited to, The Turn annual golf outing*, Big Hole Scramble, Raymond James Golf Outing, office/administrative assistance, and Enrichment activities*.

Off Site Miscellaneous Activities (*see below)

The Night At The Races, the Holiday Breakfast*, Web.com Tournament, The Turn Charity Classic and the Chagrin Valley Charity Scramble are a few examples of off-site activities that require assist from volunteers. Commitment of time varies.

If you have any questions or would like to get involved, contact Gina Babinec PT, Fitness Coordinator at gbabinec@jointheturn.org.